

Jasmine Absolute



Jasmine Absolute has an exquisitely floral aroma that is uniquely its own.



Jasmine blossoms cannot be effectively steam distilled, so they are extracted by solvent to create a highly concentrated absolute. A tiny bit goes a very long way.

Jasmine Absolute is used within precious fragancing applications for both men and women.

It is uplifting and has been used to help combat depression. Jasmine Absolute is considered an **aphrodisiac**. Other uses and benefits can be found below.



Jasmine Absolute Benefits and Uses

- Depression
- Dry Skin
- Exhaustion
- Labor Pains
- Sensitive Skin

Source: Julia Lawless, *The Encyclopedia of Essential Oils (Updated Edition)* (London: Harper Thorsons, 2014), 596.

Botanical Name

Jasminum grandiflorum

Plant Family

Oleaceae

Common Method of Extraction

Solvent Extracted

What is an Absolute?

Plant Part Typically Used

Flowers

Color

Deep Brown with a Golden Tinge

Consistency

Medium

Perfumery Note

Middle

Strength of Initial Aroma

Strong

Aromatic Description

Jasmine Absolute smells deep, rich, floral and exotic.

Major Constituents

- Benzyl acetate
- Benzyl benzoate
- Phytol
- Squalene 2,3-oxide
- Isophytol
- Phytol acetate
- Linalool

- Squalene
- Geranyl linalool
- Indole
- (Z)-Jasmone
- Eugenol

See **Essential Oil Safety** for a more complete list of typical constituents.

Source: F. Bassett, *Journees de Digne. Le Jasmin, la Fleur Le Roi.* (Parfums Cosmetiques Aromes 119, 1994), 58-64. Source cited in Robert Tisserand and Rodney Young, **Essential Oil Safety** (Second Edition. United Kingdom: Churchill Livingstone Elsevier, 2014), 312.

Jasmine Absolute Safety Information

Tisserand and Young indicate that there is moderate risk of skin sensitization when using Jasmine Absolute topically, and they recommend a dermal maximum of 0.7%. "Jasmine absolute appears to be a moderate-risk skin sensitizer that has caused problems in 0-1.2% of people with dermatitis when patch tested at 2 or 3%."

Adulterants may potentially be the cause of some of the reported sensitization. Reading Tisserand and Young's full profile is recommended. [Robert Tisserand and Rodney Young, **Essential Oil Safety** (Second Edition. United Kingdom: Churchill Livingstone Elsevier, 2014), 311-313.]

Some may experience an allergic reaction to Jasmine Oil. [Julia Lawless, **The Illustrated Encyclopedia of Essential Oils** (Rockport, MA: Element Books, 1995), 155.]

Jasmine CO₂ Supercritical Select Extract ***(Jasmine grandiflorum and Jasmine sambac)***

In addition to being available as an absolute, this botanical is available from a small number of reputable sources as a CO₂ select extract. **CO₂ extracts** offer many advantages. However, they can potentially have differing safety precautions than essential oils or absolutes because the natural chemistry of CO₂ extracts can differ. Not much safety information is documented from trusted sources for CO₂ extracts. Use CO₂ extracts with great care and do not assume that every CO₂ extract has the same safety precautions as its essential oil or absolute counterparts.

General Safety Information

Do not take any oils **internally** and do not apply undiluted essential oils, absolutes, CO₂s or other concentrated essences onto the skin without advanced essential oil knowledge or consultation from a qualified aromatherapy practitioner. For general dilution information, read AromaWeb's **Guide to Diluting Essential Oils**. If you are pregnant, epileptic, have liver damage, have cancer, or have any other medical problem, use oils only under the proper guidance of a qualified aromatherapy practitioner. Use extreme caution when using oils with **children** and be sure to first read the **recommended dilution ratios for children**. Consult a qualified aromatherapy practitioner before using oils with children, the elderly, if you have medical issues or are taking medications. Before using this or any essential oil, carefully read AromaWeb's **Essential Oil Safety**

Information page. For in-depth information on oil safety issues, read **Essential Oil Safety** by Robert Tisserand and Rodney Young.

Shelf Life

[View Shelf Life Information](#)

Important Information About the Profiles

The essential oil information provided on AromaWeb is intended for basic educational purposes only. The references to safety information, test results, constituents and percentages is generalized information. Essential oils can vary greatly in composition. The data is not necessary complete and is not guaranteed to be accurate. The essential oil photos are intended to *represent* the typical and approximate color of each essential oil. However, essential oil composition and color can vary based on harvesting, distillation, age of the essential oil and other factors. Profiles for several CO₂ Extracts and **absolutes** are included within the directory, and are denoted as such.